



HEAD TRIPS

Part Five: "A Clean Mind"

Pastor David Cannistraci ♦ March 9, 2008

"Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things." Phil. 4:8 (NIV)

► *We gain clean minds through the principles of _____, _____ and _____.*

UNDERSTANDING THE _____ OF YOUR MIND

"O Jerusalem, cleanse your heart that you may be saved. How long will you harbor your evil thoughts?" Jeremiah 4:14 (NLT)

"Gird up the loins of your mind, be sober, and rest your hope fully upon the grace...of Jesus Christ." 1 Peter 1:13 (NKJV)

_____ THE HARBOR OF YOUR MIND

Principle #1: _____

Cleanse your _____ with the Word of God

"How can a young man cleanse his way? By taking heed according to Your word...Your word I have hidden in my heart that I might not sin against You." Psalm 119:9, 11 (NKJV)

"Beloved, I now write to you this second epistle (in both of which I stir up your pure minds by way of reminder)..." 2 Peter 3:1 (NKJV)

Principle #2: _____

Screen your _____ as they approach your life

"Since you have been raised with Christ...set your minds on things above, not on earthly things. For you died, and your life is now hidden with Christ in God. Put to death, therefore, whatever belongs to your

Clean Mind (Cont'd)

earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry." Colossians 3:1-5 (NIV)

Principle #3: _____

Wage _____ against unwanted thoughts

"The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ." 2 Corinthians 10:4-5 (NIV)

"But he gives us even more grace to stand against such evil desires... So humble yourselves before God. Resist the devil, and he will flee from you. Come close to God, and God will come close to you. Wash your hands, you sinners; purify your hearts, for your loyalty is divided between God and the world." James 4:6-8 (NLT)

"Not by might nor by power, but by My Spirit," says the LORD of hosts." Zechariah 4:6 (NKJV)

LOVING FATHER, I want a clean mind. I accept my role as the harbor-master and commit myself to washing, watching and warring. I repent of every evil desire, and I draw close to you, Lord. Let my every thought become completely obedient to you. In Christ's Name, AMEN!

RESOURCES FOR THIS WEEK'S SMALLGROUPS

Icebreaker: Share a story of a memorable boating experience.

Scripture Focus: Let each member share a verse from this teaching--one that spoke to them personally. What does it mean to them?

Discussion Focus: What are some keys to keeping our minds clean?

Prayer Focus: Pray for the members of the group to have their minds cleansed and protected in Christ.

REMEMBER to give an offering for the needy in your group this week, for God has promised us a rich reward (Det. 15:11, Psalm 41:1)