



HEAD TRIPS

Part Six: "A Humble Mind"

Pastor Kathy Cannistraci ♦ March 16, 2008

"Let this same attitude and purpose and [humble] mind be in you which was in Christ Jesus: Let Him be your example in humility."
Philippians 2:5 (AMP)

▶ A _____ mind is the beginning of a Christ-like life.

DISCERNING _____ AND HUMILITY IN OUR LIVES

"I tell you the truth, unless you change and become like little children, you will never enter the kingdom of heaven. Whoever humbles himself like this child is the greatest in the kingdom..." Matthew 18:3-4 (NIV)

Symptoms of a Proud Mind (A True or False Self-Test)

T / F - "I'm _____ than most people."

"Lean on, trust in, and be confident in the Lord with all your heart and mind and do not rely on your own insight or understanding."
Proverbs 3:5 (AMP)

T / F - "I struggle with _____."

"Live in harmony with one another; do not be haughty (snobbish, high-minded, exclusive), but...give yourselves to humble tasks. Never overestimate yourself..." Romans 12:16 (AMP)

T / F - "I yearn for _____ from people."

"A person with a changed heart seeks praise from God, not from people."
Romans 2:29 (NLT)

T / F - "I like it a little when others look _____."

T / F - "I feel threatened when others get _____."

T / F - "_____ is hard for me."

Humble Mind (Cont'd)

T / F - "When I'm _____ I fight back."

"Living [as becomes you] with complete lowliness of mind (humility) and meekness (unselfishness, gentleness, mildness), with patience... making allowances because you love one another." Eph. 4:2 (AMP)

All of you, clothe yourselves with humility toward one another, because, "God opposes the proud but gives grace to the humble."
1 Peter 5:5 (NIV)

HOW TO HAVE A _____ MIND

Five Commitments of a Humble Mind (Philippians 2:1-10)

1. "I'm committed to _____." (v. 2)
2. "I'm not living for my own _____." (v.3, 7)
3. "I truly want what's right for _____." (v. 4)
4. "I am a _____." (v. 7b)
5. "My _____ comes from God." (v. 9-10)

FATHER GOD, I want to be like Jesus, but my prideful mind hinders me. Forgive me Lord. I want the same mind that was in Jesus to be in me. Holy Spirit, please make me like Christ. In His Name, AMEN

RESOURCES FOR THIS WEEK'S SMALL GROUPS

Icebreaker: Share a funny time when you realized you had pride.

Scripture Focus: Let each member share a verse from this teaching--one that spoke to them personally. What does it mean to them?

Discussion Focus: What are some keys to staying humble in life?

Prayer Focus: Pray for the members of the group to have their minds protected from pride. Ask God to give each one grace to be humble.

REMEMBER to give an offering for the needy in your group this week, for God has promised us a rich reward (Det. 15:11, Psalm 41:1)